

Another Lab Coat Cake and Brushed Embroidery

My doctor is a former classmate from medical school and he recently took great care of me during an illness. Actually, its not so much that he took great medical care of me as much as he checked on me, pestered me and pushed me into getting the medical care I needed (because I am the worst patient). But that is half of what we do for our patients, isn't it? Support them.

So I felt pretty bad about being so difficult and felt I should show him how much he was appreciated. This is the third lab coat cake I have made and feel pretty comfortable with them now. I have attached templates for the pieces of the coat and shirt. These templates were created for a 10" square cake but can easily be adapted to a 8" square cake by cutting the pocket a little narrower.

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The only thing I have not liked to do was the stethoscope for these cakes because I find it difficult to get a really perfect modeling chocolate “snake” that’s long enough. But I came up with a technique that made it much easier and actually looks more accurate. I extruded two tubes with my extruder and stuck them together. I made one mistake with the stethoscope which I cannot believe! Can you guess what it was?

I also used brush embroidery techniques for the first time ever on the cake board and I was pretty pleased with the effect. One big thing I learned covering cake boards is not to apply the fondant to the board with shortening. A lot of the tutorials tell you to use shortening but I actually had the fondant slide off the board by one centimeter when I drove it to my doctor’s office! The car had the A/C running full blast and everything! So next time I will use piping gel or water.

One more tip. If you’re in a hurry you can form the collar with modeling chocolate which will stand up by itself immediately. Fondant will take overnight to stand up and you will have to support it with balled up wax paper until it sets up.